

# Key Community Hospital Partnership Considerations

## Taking Your Board through a Process with a Practical Approach

Webinar: Wednesday, January 30, 2013,

12 Noon – 1:00 pm CST



#### Presenters

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Hillcrest Health System, Waco, Texas



### Community Hospitals in Perspective

Total U.S. Hospitals 5,7	754
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Community Hospitals	4,985
Rural Community Hospitals	1,987
Critical Access Hospitals	1,325
Urban Community Hospitals	2,998
Community Hospitals in a System	2,941
Community Hospitals in a Network	1,508

Source: American Hospital Association's Hospital Statistics, 2012 edition, data from 2010 annual survey.

### **Community Hospital Opportunities**

- Community commitment
- Do what you do well
- Clinical integration
- Operational efficiency
- Advances in technology
- Meaningful use/financial improvement
- Strategic alternatives to preserve independence



## Community Hospital Challenges

- Low patient volumes
- Recruitment of physicians/specialists
- Physician alignment
- Policy and market changes
- Medicare and Medicaid cuts
- Economic downturn pressures
- Access to capital



### Partnership Conversations

- Community need
- Clinical service breadth
- Physician alignment and strength
- Revenue, sustainability
- Managed care leverage
- Compatibility of purpose
- Reputation



## Partnership Considerations





### Partnership Considerations

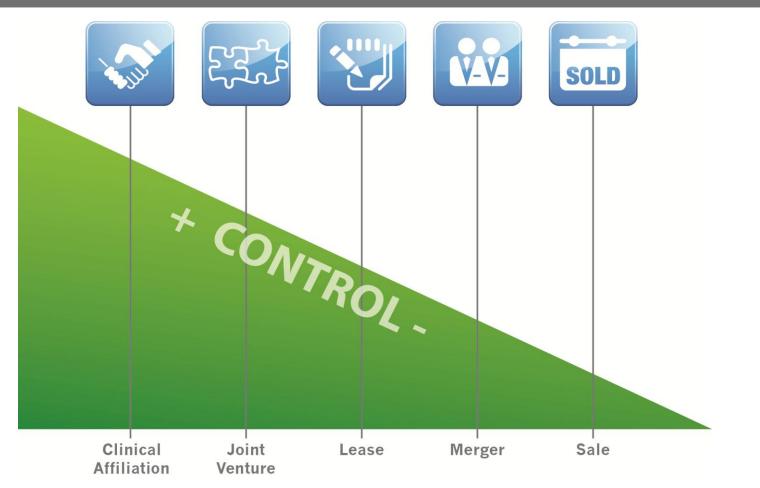
Responsible action is more favorable than the last possible moment.

- Think proactively
- Board dynamic is critical
- Define your optimal terms



## Unique Partnership Options

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## First, Get Your 'House' in Order

- Assess market position: know your market clout; it provides a position of strength during conversations with potential partners and physicians.
- Assess finances, profits: know operational areas of challenge and profitability.
- Industry transformation: educate the local board and hospital management about inevitable industry changes such as increased regulatory scrutiny and declining reimbursement rates.



## Next, Understand Your Strategy

- Clinical services: understand the hospital's clinical strengths, areas that can be expanded, and what is lacking to appropriately serve area populations.
- Infrastructure: explore shared infrastructure and areas where the hospital needs guidance.
- Know what you are willing to give up.



### Potential "For Sale"

## Where's the fruit? Characteristics of a targeted community hospital:

- Likely to target non-performing organizations
  - Room for quick fiscal improvement
  - Stable demographics (but not as significant a factor)
  - Physician recruitment opportunity
  - Limited available capital for improvements
- In addition, look for:
  - Minimal managed care
  - Niche player sole community provider
  - Opportunity for higher margins
  - Control issues



### **Tactics**

- Target indirect stakeholders
  - Commissioners
  - Physicians
  - Former board members
- Promise of \$\$\$
  - Can be very "promising," particularly to a city or county commissioner struggling with funding



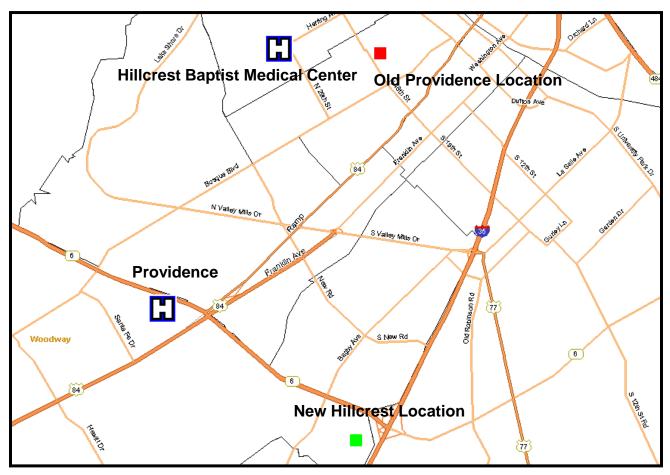
## Case Study

## Hillcrest Baptist Medical Center Waco, Texas



## Hillcrest Health System

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## Hillcrest Health System

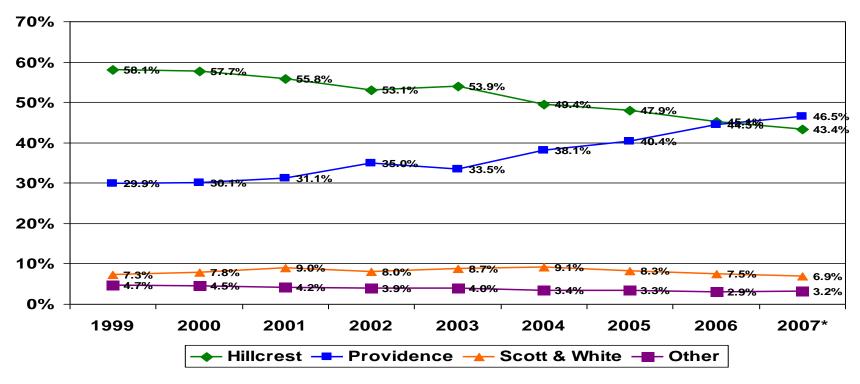




### HHS – Market Share Trend

## MARKET SHARE OF HOSPITALIZED MCLENNAN COUNTY RESIDENTS

(Actual Market Share Based on Texas Hospital Assn. Patient Data System Data)





### HHS — Financial Situation

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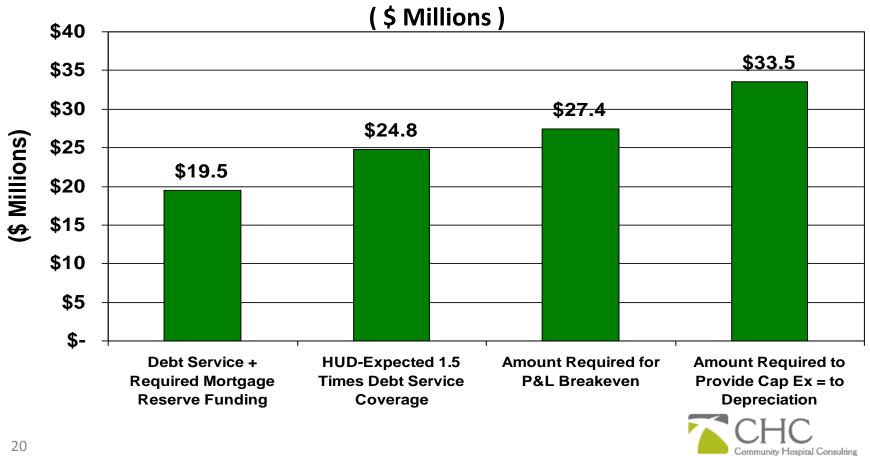
# HILLCREST HEALTH SYSTEM CONSOLIDATED EBIDA (\$000)





## HHS – Projected EBIDA Necessary





### HHS – Turnaround Strategies

- Strained Physician Relationships
  - Trust
  - Communication
- 1-on-1 Visits
  - ->200 physician visits in 1st 120-days
- Development of Physician Leadership Group
- Focus on Operational Excellence

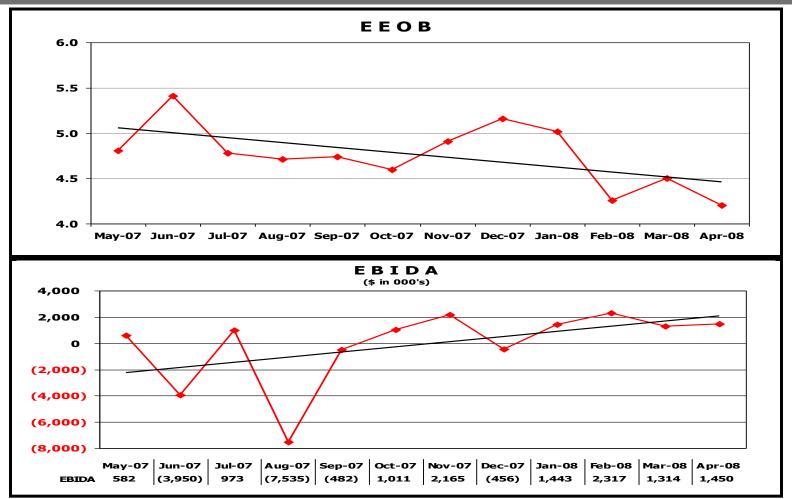


## Physician Leadership Group

- 15 Member Physician Panel
- Physician Lead
- Selected by CEO
- Meets Monthly
- Other Attendees:
  - Admin ops staff
  - Board chairman
- Main Focus:
  - Clinical issues
  - Process issues



## HHS – Operational Improvements





## Hillcrest – Protecting our Future

- Strong, Immediate Operational Improvement
- Replacement Hospital Under Construction
- Strong Primary Care Network HFHC
- Open Medical Staff
  - High quality
  - Committed to remaining independent
- Future of Healthcare Uncertain
  - Continued decline in reimbursement
  - Growing uninsured/underinsured
- Long Term, Sustained Growth???



### Ideal "Must Haves"

- Continued Choice in our Community
- Protect Name and Brand
  - Hillcrest Baptist Medical Center
  - 80 year history in community
- Fair and Balanced Board
  - Community/Hillcrest interest protected
- Hillcrest Family Health Centers would remain a separate entity of the partnership
  - 38 primary care physicians and 7 clinics
- Continue with our major expansion project
- Protect our Faith-Based Heritage
  - Retain our affiliation with the Baptist General Convention of Texas



### **Ideal Partner**

- Culture
- Physician-oriented
- Financial strength
- An added strength existing presence in the marketplace



### Scott & White Healthcare

- Non-profit integrated healthcare delivery system based in Temple, Texas
- Physician-founded and physician-led
  - Employs more than 1,000 physicians and scientists
- Primary teaching affiliate
  - Texas A&M College of Medicine
- Financial Strength
  - Joint AA-, Aa3, stable credit rating
  - Highest A.M. Best rating (A-) issued & affirmed to S&W Health Plan (2007)
- Quick Stats
  - Over 14,000 employees
  - Over 1,000 licensed beds
  - Serving more than 1.5 million patients annually
  - 240,000-member health plan



- Governance:
  - A new 12-person Board of Directors
  - HHS will appoint 6 Directors
    - A majority of whom would reside in Waco
  - S&W will appoint 5 Directors
    - A majority of whom would reside in Waco



- Due to a weaker financial position, other negotiation points gained increased value:
  - Board Composition (50/50)
  - Reserved Powers Certain actions would require the approval of both HHS and S&W boards – i.e.:
    - Amendment of Articles of Inc. or Bylaws
    - Change in tax-exempt status or mission and purpose
    - Admission of any new corporate member



#### Operations:

- Employees Hillcrest would employ all personnel (except CEO – who would be employed by CHC)
- Clinical Matters The Board would delegate authority to the PLG – comprised of physicians and representatives of HHS and S&W



### **Potential Downsides**

- Lose our full independence
- Risk relationship with medical staff
- Risk relationship with HFHC
- Risk relationship with certain community stakeholders



### Potential Upsides

- Mitigation of financial threats
- Stable beginning at our new location
- S&W health plan access
- Perceived "halo effect" by many
  - S&W Healthcare = high quality
- Further expansion of training programs
- Synergies in key service lines
  - Trauma, post-acute, oncology, etc.



### Creation of HBMC

- Memorandum of understanding approved by both HHS and S&W
  - Announced 1 year prior to merger
- Conducted due diligence
- Definitive agreement April 1, 2009

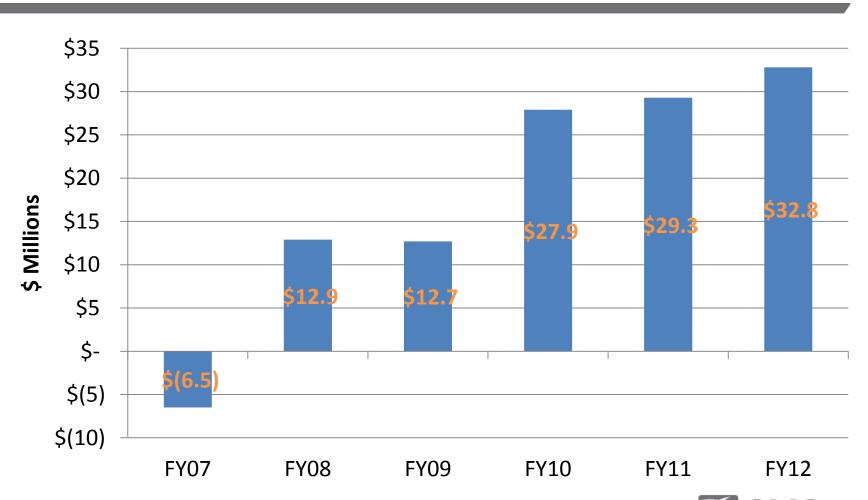


### Successes

- Sustained operational and financial improvement
  - FY12 was our strongest financial year in over 16 years
- Strengthened physician relationships
- Strengthened community relationships
- Sustained positive market share trend
- Addition of new services
  - S&W Center for Rehabilitative Medicine
  - S&W Regional Cancer Center Hillcrest
  - Hillcrest Surgery Center
  - Additional surgical specialty growth



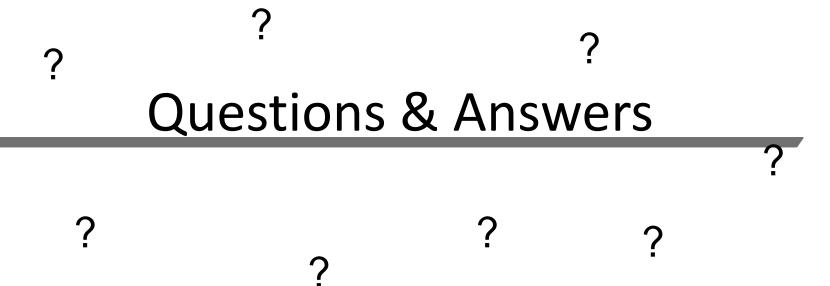
## **Operating EBIDA**



### **Future**

- Part of Integrated Healthcare System positioned for the future
  - Local, State and National Presence
  - Baylor Scott & White Health Announcement
- Continued commitment to local community and the delivery of high quality, affordable healthcare to our region
  - Adoption of Best Clinical Practices
  - Synergistic relationship that creates value







#### Thank You!

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